# Ignition: Digital Wellness and Safety

Introducing an updated course for the 2019-2020 school year





**Get excited!** EVERFI is launching Ignition: Digital Wellness and Safety, a reimagined and updated version of the course Ignition: Digital Literacy and Responsibility, available for the 2019-2020 school year. The refreshed Ignition course introduces new topics and activities covering critical issues for the digital health and well-being of students and avoids topics that can get quickly outdated. During this transition, we're providing this crosswalk document outlining where you can find the topics covered in the previous version of the course alongside our new content areas.

## **Course Flow**

Lesson 1 Connections and Community	Lesson 3 *New* Screen Time vs. Offline Time	Lesson 5 Rights and Literacy
Legacy Ignition: Digital Literacy and Responsibility	* <b>NEW</b> * Ignition: Digital Wellness and Safety	Additional Learning (separate course)
L1 - Choosing a Computer	No longer covered	
L2 - Wireless Communications Connections and Community (L1)		
L3 - The Viral World Safety and Privacy (L2)		
L4 - Internet Resources and Credibili	ity Evaluating Content (L6)	
L5 - Creating Multimedia Products	Rights and Literacy (L5)	

L6 - Digital Relationships and Respect

L7 - The Future of Technology and You

Gaming Simulation: My Digital Life

Gaming Simulation: Screen Time vs. Off ine Time (L3)

Connections and Community (L1)

Endeavor

No longer covered

## New Learning Objectives in Ignition: Digital Wellness and Safety:

## **LESSON 1: CONNECTIONS AND COMMUNITY**

- Differentiate the negative and positive aspects of an online community
- Identify methods to engage with others online in a respectful manner

### **LESSON 2: SAFETY AND PRIVACY**

- Explain what a digital footprint is and how it's created
- List steps to keep personal information private online

#### **LESSON 3: SCREEN TIME VS. OFFLINE TIME**

- Describe the potential consequences of spending a lot of time online.
- Identify when to seek help from a trusted adult
- Identify methods to create a healthy balance between online and offline time

## **LESSON 4: TECHNOLOGY AND DATA**

- Identify potential phishing messages and signs of malware
- Describe how individual data can be shared
- List steps to protect digital data from compromise

#### **LESSON 5: RIGHTS AND LITERACY**

• Differentiate between created and curated content

## **LESSON 6: EVALUATING CONTENT**

• Describe how to evaluate content for accuracy and bias

## **Crosswalk by Learning Objective:**

## **LESSON 1: CHOOSING A COMPUTER (NO LONGER COVERED)**

## **LESSON 2: WIRELESS COMMUNICATIONS**

Legacy Ignition: Digital Literacy and Responsibility	*NEW* Ignition: Digital Wellness and Safety	Additional Learning (separate course)
Recognize the dangers and consequences of using phones while driving	Screen Time vs. Offline Time	
Recognize the dangers and negative consequences of sending sexually explicit messages to others	Connections and Community	

### **LESSON 3: THE VIRAL WORLD**

Legacy Ignition: Digital Literacy and Responsibility	*NEW* Ignition: Digital Wellness and Safety	Additional Learning (separate course)
Understand the damaging effects of computer viruses and how to protect one's computer	Technology and Data	
Recognize the dangers and consequences of not protecting one's identity online; recall tips and strategies for preventing identity theft	Technology and Data/ Safety and Privacy	
Recognize the dangers and consequences of sharing too much personal information on social networks; understand how to set up a secure online profile, including customizing privacy settings and creating strong passwords	Connections and Community/ Safety and Privacy	
Develop awareness of digital addiction and identify signs and consequences of overusing technology	Screen Time vs. Offline Time	

## **LESSON 4: INTERNET RESOURCES AND CREDIBILITY**

Legacy Ignition: Digital Literacy and Responsibility	*NEW* Ignition: Digital Wellness and Safety	Additional Learning (separate course)
Identify the differences between primary and secondary research	Evaluating Content	
Verify a source's credibility when gathering information	Evaluating Content	
Understand the consequences of plagiarism and how to cite research sources appropriately	Evaluating Content	
Understand how to use school technology responsibly	Evaluating Content	

## **LESSON 5: CREATING MULTIMEDIA PRODUCTS**

Legacy Ignition: Digital Literacy and Responsibility	*NEW* Ignition: Digital Wellness and Safety	Additional Learning (separate course)
Identify different types of multimedia programs and how to use them for academic purposes	No longer covered	
Recognize and compare different tools for creating and sharing media webcams, blogs, etc.	No longer covered	
Recognize and avoid piracy, copyright infringement, and intellectual property violation	Rights and Literacy	

## **LESSON 6: DIGITAL RELATIONSHIPS AND RESPECT**

Legacy Ignition: Digital Literacy and Responsibility	*NEW* Ignition: Digital Wellness and Safety	Additional Learning (separate course)
Identify the different forms of cyberbullying and understand its personal, emotional and legal repercussions	Connections and Community	
Pinpoint strategies for preventing cyberbullying and helping those who have been cyberbullied	Connections and Community	
Detect warning signs that a person is being victimized and take a stand	Connections and Community	
Grasp how the choices one makes online can become viral and damaging to different aspects of one's life	Connections and Community	

## LESSON 7:THE FUTURE OF TECHNOLOGY AND YOU

Legacy Ignition: Digital Literacy and Responsibility	*NEW* Ignition: Digital Wellness and Safety	Additional Learning (separate course)
Discuss technology's role in various professions, new careers created by technology, and the impor- tance of STEM careers		Endeavor
Recognize how different life and academic paths may lead to certain opportunities		Endeavor/ Keys To Your Future
GAMING SIMULATION		
Legacy Ignition: Digital Literacy and Responsibility	*NEW* Ignition: Digital Wellness and Safety	Additional Learning (separate course)
	Screen Time vs.	

My Digital Life

Screen Time vs. Offline Time

## Curriculum guide coming soon!